NC COOPERATIVE EXTENSION SERVICE 4-H CAMPS

Alexander County 4-H
SUMMER OPPORTUNITIES FOR YOUTH

The North Carolina Cooperative Extension Service—Alexander 4-H program announces their summer educational programs for youth.

Participation is not limited to 4-H members. Call the NC Cooperative Extension Office in Alexander County to register at 828-632-3125. All county camp days except Horsemanship Day Camps begin the day at the NC Cooperative Extension Center - Alexander County.

KIDS IN THE KITCHEN--June 14-17 - 9 am—12 noon-- Ages 7-9; NC Cooperative Extension Center. Cost is $25. Limited to 9 youth. There will be hands-on experiences in which youth learn basic cooking skills, food sale and nutrition. Each day includes crafts, games, food preparation and tasting. Tentative plans include one field trip.

4-H SCIENCE EXPLORATION WORKSHOPS – June 14-18; 1:00-5:00 pm; Cost is $10 per day except for Rocks & Gems- Cost is $15;-- June 14-- "Go Green"-learn about the basics of recycling and energy conservation through hands on activities, experiments and field trip. Ages: 8-up; Limited to 12 youth
-- June 15-- Rocks & Gems-learn about basics of soil science, rocks and gems. A field trip to Hiddenite Emerald Mines will also be provided. Ages: 8-up; Limited to 12 youth.
-- June 16-- Magic of Electricity - Learn about the magic of electricity through hands on science experiments. Ages: 8-up; Limited to 12 youth.
-- June 17-- Acres of Agriculture - learn the basics of where your food and fiber comes from through hands on activities and experiments.-- Ages: 8-up; Limited to 12 youth.
-- June 18-- "Solar Energy: Racing with the Sun"This TechXsite: Discover Engineering! module introduces kids to ways in which solar panels may be used to generate electricity through the design of a solar car. Ways in which engineers can design more environmentally friendly cars are also explored during this challenging activity. It is unlikely that a car would be powered entirely by solar panels, an electric car with batteries combined with solar charging could become popular in the future. In this module, kids explore how solar panels generate electricity and what challenges engineers face in designing efficient lights. Campers are limited to 12 campers per week. Transportation is provided from Extension Center in Taylorsville.

KIDS IN THE KITCHEN--Beyond the Basics--July 12-16; 9 am —4:00 pm-- This day camp is designed for youth ages 8-14 years old. The camp will be held at Anita-Alta 4-H Camp in Caldwell County. Transportation will be provided from surrounding counties. The Trekker fee is $325 which includes all program fees, insurance, snack. Camp size is limited to 24 campers per week.

FUN WITH FABRICS --June 21-25; 8 am —2 pm -- Ages 9-12. Youth will learn about water and related environmental quality areas. Sessions will involve canoeing on local rivers, advanced water biology and testing skills and advanced macro-invertebrates identification. Campers will enjoy a day long canoe trip on river in a nearby county and an overnight campout at a local state park with a canoe trip on the New River. Time will be available most days for youth to fish. Cost is $75. Transportation will be provided from the Extension Office to camp locations. Campers must provide a bag lunch and a drink for each day. This workshop is limited to 10 campers.

FUN IN THE KITCHEN--June 21 & 22- 9 am-2:00 pm. Cost is $324. Explore your creativity in the kitchen by learning how to prepare healthy snacks, candy making and cake decorating. This 2 day workshop is designed for youth Ages 8-up and limited to 12 youth. Participants must furnish a lunch and a drink. Instructor: Nicole Tadt and Ava Icenhour.

BEGINNING SEWING --June 24 & 25-9 am—2:00 pm. Learn basic sewing skills such as machine threading and machine sewing. No sewing experience and no sewing machine required. This 2 day workshop is designed for youth Ages 7-12, and limited to 8 youth. This workshop is FREE!!! Participants must furnish a lunch and a drink. Instructor: Micki Farp.

4-H CLOVERBUD DAY CAMP – June 28-July 2 – 9 am- 3 pm. Designed for youth Ages 5-9 years old. You may sign up for one or all days of the camp. Daily activities include: Monday - Gem Mining & swimming; Tuesday - Travel Around the World (learn about different cultures through crafts and fun activities); Wednesday - Lazy 5 Ranch; Thursday - Fun with Science; Friday - Day at Anita-Alta 4-H Camp (beginning canoeing on a pond, craft, and low ropes course. Transportation is provided from Extension Center in Taylorsville. Cost is $100 which includes all program fees, insurance, snack. Camp size is limited to 12 campers per day. Sessions are done as students spend their salaries for the necessities and luxuries they envision as part of their adult lifestyle; as well as pay taxes and save for the future. Participants must furnish a lunch and a drink. Instructors: Nicole Tadt and Ava Icenhour.

HORSEMANSHIP DAY CAMP (Western Style) --will be held at Sunset Ridge Stables (formally known as Hobby Horse Equestrian Plantation in Bethelhem (Alexander County) for youth ages 8 years and older of all riding abilities (beginner to advanced). No prior riding experience required. This is the 21st year that the camp has been in existence. Camp Format: 8:00 am -12:00 pm. Activities include riding lessons, stable management instruction, classroom work, and crafts. Snack is included. DATES OF CAMP: July 26-30. Cost is $100, which includes all program fees, insurance, snack. Camp size is limited to 15 campers per week.

Penn 4-H CAMP --August 1-6-- Week long overnight camp designed for youth ages 8-14 years old. This is an American Camping Association Accredited Camp is located near Reidsville, North Carolina. Daily activities include swimming, horseback riding, canoeing, ecology, crafts, and much more. Cost is $270 for Alexander County residents and $325 for surrounding counties. The Trekker fee is $250 which is a special program for 12-14 year olds. A $50 deposit is required by April 1st. The price includes transportation, insurance, meals while at camp and all program expenses. All campers are required to have a physical within 24 months of the camp date. We currently have limited spaces.

REAL MONEY, REAL WORLD—Date: August 16; 8:30 am -3 pm. Ages: (Public School youth grades 9-12 & Home School Youth grades 7-12 grades) allows students to learn through hands-on experiences about costs of living on their own, making decisions, and evaluating the consequences of their decisions. Through this simulation of real-life decisions, students draw an occupation and family situation and are then given a salary equivalent to the average monthly salary in their simulated occupation. They work through the reality experience of opening a checking and savings account; making a home decision; paying bills; writing checks and balancing a checkbook. These activities are done as students spend their salaries for the necessities and luxuries they envision as part of their adult lifestyle; as well as pay taxes and save for the future. Participants must furnish a lunch and a drink. Cost is $55.
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<thead>
<tr>
<th>Camp Session</th>
<th>Total Due</th>
<th>Amt. Paid</th>
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<tbody>
<tr>
<td>Kids in the Kitchen- June 14-17</td>
<td>$25</td>
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<tr>
<td>Go Green- June 14</td>
<td>$10</td>
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<tr>
<td>Rocks &amp; Gems- June 15</td>
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<td>Magic of Electricity—June 16</td>
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<td>Acres of Agriculture- June 17</td>
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<td>Solar Energy- June 18</td>
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<td>4-H2O Day Camp - June 21-25</td>
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<td>Fun in the Kitchen—June 21-22</td>
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<tr>
<td>Beginning Sewing- June 24-25</td>
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<td>Cloverbud 4-H Day Camp- June 28-July 2</td>
<td>$90</td>
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<td>Fun With Fabrics – July 6-9</td>
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<td>Discovery Day Camp- July 6-9</td>
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<td>Anita-Alta 4-H Day Camp- July 12-16</td>
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<td>Advanced Kids in the Kitchen - July 12-16</td>
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<td>Western Horse Camp – July 26-30</td>
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<td>Hunt Seat Horse Camp- July 26-30</td>
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<td>Penns 4-H Camp - August 1-6</td>
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<tr>
<td>Western Horse Camp – August 9-13</td>
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<td>Real Money, Real World</td>
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<td>Scrapbooking -August 17 &amp;18</td>
<td>$25</td>
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Total Camp Cost: $________
Deposit Amount: (50% of total cost) $________
Total Amount Due: $________

Please make checks payable to: Alexander County 4-H

Mail check and form to: Alexander County 4-H Clubs
376 1st Avenue, SW
Taylorsville, NC 28681

Refund Policy: Refunds will be provided up to 2 weeks prior to the camp/workshop.
The following are camps available through the state. You will have to provide your own transportation to these camps.

North Carolina 4-H Specialty (Overnight) Camps - 2010
Check each camp’s website for more details and registration forms

**Betsy – Jeff Penn 4-H Center –** [www.bjpenn.org](http://www.bjpenn.org)

- Cloverbud (ages 5-8) July 18-21 $180
- Whitewater Adventures (ages 14-17) July 18-23 $615
- Leader in Training (LIT) (ages 15-17) Weekly $470

**Eastern 4-H Center –** [www.eastern4hcenter.org](http://www.eastern4hcenter.org)

- 4-H Adventure Camp (ages 13-14) 2 sessions $450
- Cloverbud Camp (ages 5-8) July 18-22 $300
- Marine Science & Sailing (ages 12-17) July 18-23 $450
- Camp Canvasback (ages 12-17) July 18-23 $450
- Takeoff 4-Health (ages 12-18) July 25-Aug 13 $2250

**Millstone 4-H Camp –** [www.millstone4hcamp.org](http://www.millstone4hcamp.org)

- Fur, Fish & Game Rendezvous (age 12-15) June 20-25 $325
- 4-H Horsemanship Camp (ages 9-19) June 13-19 $365
- Project Camp (ages 8-12) July 25-30 $335
- Target Sports Shooting Camp (age 10-16) July 11-16 $335

**Sertoma 4-H Center –** [www.campsertoma.org](http://www.campsertoma.org)

- Deaf Camp (Ages 8-16) June 20-25 $350

**Swannanoa 4-H Center –** [www.swan4h.com](http://www.swan4h.com)

- Cloverbud (ages 5-8) June 27-29 $150
- Explorer (ages 9-12) June 30-July 2 $150
- Traditional (ages 8-10) July 4-9 $325
- Walk in the Woods (ages 9-12) June 27-July 2 $325
- X-cellent Adventure (ages 9-12) 2 sessions $350
- High in the Sky (ages 9-12) Aug 1-6 $350
- Pack Your Bags - trips (ages 9-12) July 18-23 $400
- Adventure Camp (ages 11-12) July 4-9 $325
- Mountains Inside & Out (ages 11-15) July 28-Aug 6 $550
- Head in the Clouds (ages 12-15) June 27-July 2 $350
- H2O, H2O Everywhere (ages 12-15) June 27-July 2 $350
- Trekker Camp (ages 13-15) July 4-9 $350
- Leader in Training (LIT) (ages 15-16) Upon request $150