



# 2016 Alexander County 4-H BAKE-OFF

**\*\*Pre-Entry Forms are due on Thursday, November 3 to the Alexander Extension Center\*\***

## **Contest – Monday, November 7, 2016**

Open to youth 5-18 years of age. Entries will be accepted on Monday, November 7<sup>th</sup> from 8:00am-2:00pm at the Alexander Extension Center. No late entries will be accepted.

Youth may enter in one or more of the following categories: Bread, Sweet Bread, Cookie, Cake, Pie, Candy, Healthy Baked Item, and Miscellaneous Sweet

Age Categories: 8-Under, 9-12 years old, and 13-18 years old

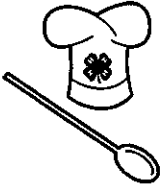
## **Taste Testing Social and Awards**

Monday, November 7, 2015

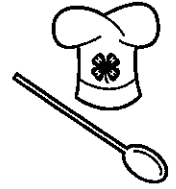
6:00pm

Alexander Extension Center

**CATEGORIES:** Youth may enter in one or more of the following categories: Breads, Sweet Breads, Cookies, Cakes, Pies, Candy, Healthy Baked Item, or Miscellaneous Sweets. **Please read descriptions of categories!**



# Alexander 4-H Bake Off



## 2016 Rules and Guidelines:

1. **ALL ITEMS MUST BE HOMEMADE.**
2. **ALL ENTRIES MUST HAVE THE RECIPE ATTACHED OR IT WILL NOT BE ACCEPTED.**
3. All items must be made primarily by the youth. Parents may help as needed but this is specifically a youth project.
4. Please be sure to read ALL details for the varying categories as to ensure your dish meets the requirements for that category. Dishes not fitting the specific instructions will be placed in a fitting category, or eliminated, if there is not an appropriate category.
5. Please do not bring add-ons to your recipes. For example, cookies should not have accompanying "dips", and breads should not have accompanying "butters" or "spreads". This is a bake-off competition and are looking to specifically judge the "baked" goods. Have your dish prepared for the judge. If something *is* to be added, it should be a part of the specific dish, not something the judge is expected to "add on". I.e.-frosting is acceptable as it is prepared on a cupcake, while, butter is not, as the judge would need to "add" it to the dish.
6. Please be sure to have all items in the office on time. The judges will be ready to begin and it is a bit of a lengthy process. Late entries will not be accepted.
7. Youth may enter only one item per category but you may enter in more than 1 category.
8. No mixes allowed. The item must be fully baked and ready to serve.
9. Submit either an entire cake or loaf of bread, or, one dozen of the baked item (i.e.-cookies, muffins, biscuits) on a disposable plate.
10. Baked goods are judged on appearance, taste and uniformity. Sample score sheets are available upon request.

### Prizes

Prizes include: **\$10.00 - 1st place and \$5.00 - 2nd place** for each age and category winner. A \$15.00 cash prize will go to the Best Overall Baked Item in each age division.

### Categories

**Breads:** Yeast Breads & Quick Breads, other than sweet breads & those listed below

**Sweet Breads:** I.e.-Muffins, cinnamon rolls, banana breads, zucchini bread etc...

**Cookies:** Any cookie-NO brownies-NO dips or spreads

**Cakes:** Any cake-NO brownies

**Pies:** Any BAKED pie-No pre-made pie crusts-Traditional pies only

**Candies:** Any homemade candy

**Healthy Baked Item:** A healthy baked item is defined as being made with "healthy" ingredients, such as: low-fat, low-sugar, sugar-free, low calorie...etc, or having substituted a healthy ingredient in place of something else. Remember just because it contains fruit does not make it healthy. Items with high sugar & fat content will NOT be accepted.

**Miscellaneous Sweets:** Any baked dessert item that does not fit in a category listed above.



# 4-H BAKE-OFF Pre-Entry Form

(Deadline Thursday, November 3rd)

NAME \_\_\_\_\_ AGE \_\_\_\_\_  
As of 1/1/2015

TELEPHONE # \_\_\_\_\_ 4-H CLUB (if applicable) \_\_\_\_\_

## Categories

Please fill in title of recipe in appropriate blocks

All items must be completely homemade, and a recipe must be attached with the item or it  
**WILL NOT BE ACCEPTED.**

Breads	
Sweet Bread	
Cookies	
Cake	
Pie	
Candies	
Healthy Baked Item	
Miscellaneous Sweets	