

## 2024 Alexander County 4-H Summer Opportunities for Youth

### **Kids in the Kitchen-Chopped: June 11th-13th**

**Time: 9am-3pm Ages: 9-14 years old Cost: \$75**

**Skills:**

- Food Safety
- Knife Skills
- Measuring
- Meal planning

**Objectives:**

Participants will be trained the first two days on culinary skills to prepare them for the “chopped” competition on the last day. Like Chopped Shows, participants will compete in teams of 4 for three rounds-no elimination. Each round will have a mystery basket with items that must be incorporated into their dish. Each dish is judged on appearance, taste, and creativity.

Participants have access to items in the pantry list and the equipment available. Participants must plan and prepare a dish with basket items, and finish cleaning up their station within the allotted time.

**Limited to 8 youth**

### **Snack Attack: June 17<sup>th</sup>-18<sup>th</sup>**

**Time: 9am-2pm Ages: 5-8 years old Cost \$30**

What better way to satisfy your young reader's curiosity than combining food and literature? Cooking can help our young cloverbuds learn about math, science, art, and so much more. Combining food snacks with one of their favorite books reinforce the importance of reading all the while developing lasting life skills. Our young participants will be able to enjoy several stories focusing on foods and will conclude each story by making their own snacks from the story. Join us as we navigate the literature world and bring these tasty snacks to life. New recipes are offered every year.

**Limited to 8 youth**

### **Cloverbud Discovery: June 24th-27th**

**Time: 9AM-4PM Ages: 5-8 years old Cost \$75.00**

Travel with Alexander 4-H as we “discover” fun things in NC for our Cloverbuds . Each day will be a different educational recreational activity, transportation provided by NC Cooperative Extension. Must bring bagged lunch daily.

Locations that will be visited are as follows:

- Monday- Grandfather Mtn
- Tuesday- Lazy 5 Ranch
- Wednesday- Catawba Science Center
- Thursday- Tuttle Educational State Forest & Alexander County Courthouse Park splash pad/playground

**Limited to 10 youth**

### **Farm to Fork: July 8<sup>th</sup>-11<sup>th</sup>**

**Time: 9am-3pm Ages: 9-14 years old Cost: \$70**

Learn how food goes from the farm to your table.

Participants will visit local farms daily and bring back what they picked to learn how to prepare it.

Participants must bring a bag lunch and drink daily.

**Limited to 10 youth.**

### **Mad Scientist: July 15<sup>th</sup>-16<sup>th</sup>**

**Time: 9am – 2pm Ages: 5-8 years old Cost: \$30**

Ever wonder why bread rises? Or how crystals are formed? Want to know why some things float and others sink? Using everyday materials that we can find around the house and in the kitchen, Mad Scientist Camp helps you explore some wild science experiments and understand why this happens. Learning through science experiments is a great way to help promote thinking and understanding rather than just memorization. Bring out your mad scientist side with this fun filled camp opportunity as we practice our aged old 4-H motto of “learn by doing” New activities will be conducted this year. **Limited to 10 youth.**

**STEM Days: July 17th-18th**

**Time: 9am-2pm Ages: 9-12 years old Cost: \$40**

Come participate in several STEM activities. STEM stands for science, technology, engineering, and mathematics. STEM activities provide hands-on and minds-on lessons for the student. Making math and science fun and interesting helps the student to do much more than just learn. Activities will include making rockets, slime, Bristlebots, and more. Must bring a bag lunch each day.

**Limited to 10 youth.**

**Intro to Sewing Camp: July 22<sup>nd</sup>-24<sup>th</sup>**

**Time: 9am-12pm Ages: 8 and up Cost: \$25**

Learn the basics of sewing, such as threading a sewing machine and using a sewing machine. No sewing experience needed. If you own a sewing machine, please make plans to bring it. **Limited 10 youth**

**Discovery Day 4-H Camp: July 29<sup>th</sup> – August 1<sup>st</sup>**

**Time: 8:30AM-5PM Ages: 9-14 years old Cost: \$100**

Come join in the fun of 4 days of discovery. Each day participants will enjoy an education and recreational activity, and transportation will be provided from the N.C. Cooperative Extension-Alexander County Center. Participants must bring bag lunch and drink.

- Monday- North Carolina Zoo
- Tuesday - Rocky Face Park & Bethlehem Beach
- Wednesday- Discovery Place
- Thursday- Charlotte Motor Speedway & Lake Norman State Park

**Limited to 10 youth**

**4-H20: August 5<sup>th</sup>-9<sup>th</sup>**

**(August 5-7, 9am-3pm)**

**(August 8-9 arrive at 9am on August 8 for overnight returning by 3 p.m. on Friday)**

**Ages: 10-14 years old Cost: \$115**

Participants of this camp will learn about water and the animals that live inside of its ecosystem. You will get wet! We will work with a NCWRC Biologist to conduct surveys including electrofishing and macro invertebrate I.D. We will also enjoy a white-water rafting trip down the French Broad River and a 2-night camping trip.

Transportation will be provided, and participants must bring a lunch Monday - Wednesday. Food for overnight portion will be covered. **Limited to 10 participants**

***Are you looking for a weeklong overnight camp???***

**Eastern 4-H Center: June 16<sup>th</sup>-21<sup>st</sup>** Eastern 4-H

Center in Columbia, NC in is open to youth ages 8-14 and offers a variety of daily activities based upon age. If you would like more information, please contact the 4-H Center at 828-632-3125. Alexander County Staff will be with youth attending all week.

***Each participant will have to enroll in 4-H Online to participate in the Summer Opportunities.***

***This will not be optional.***

If you have a disability or desire for any assistive devices, services, or other accommodations to participate in this activity, please contact Alexander County Cooperative Extension at 828-632-3125 during business hours of 8:00 a.m. to 5:00 p.m. at least two weeks before the 1<sup>st</sup> day of camp.

**To register please fill out the registration form and mail to the Alexander 4-H Office at 151 West Main Avenue-Suite 2, Taylorsville, NC 28681.**

***A 50% deposit is required at registration to hold the space. If you must cancel a refund can, be given if the space is filled. Payment is accepted by cash or check (made payable to Alexander County).***

For more information regarding the  
2024 Alexander County 4-H Summer Opportunities  
please contact:

***DJ Salyer***

***Extension Agent, 4-H Youth Development***

***828-632-3125***

***dj\_salyer@ncsu.edu***

## Registration Information

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

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Male/Female: \_\_\_\_\_ Phone: \_\_\_\_\_

Parent's Name(s): \_\_\_\_\_

Email: \_\_\_\_\_

**A 50% deposit will be REQUIRED at time of registration.  
There will be no refund unless space is filled.**

<b>Camp Session:</b>	<b>Fee:</b>	<b>Amt. Paid</b>
Kids in the Kitchen	\$75	_____
Snack Attack	\$30	_____
Cloverbud Discovery	\$75	_____
Farm 2 Fork	\$70	_____
Mad Scientist	\$30	_____
STEM	\$40	_____
Intro to Sewing	\$25	_____
Discovery Day Camp	\$100	_____
4-H20	\$115	_____

Eastern 4-H Overnight Camp - Please call the 4-H Center to register for this camp.

**Total Amount Due** \_\_\_\_\_