

2025 Alexander County 4-H Summer Opportunities for Youth

Grilling 101: A Safe Plates BBQ Boot Camp June 10th-12th

Time: 9am-2pm Ages: 9-14 years old Cost: \$60

As a North Carolina Cooperative Extension Program, BBQ Bootcamp is an evidence-based, interactive youth program designed to promote food science, food safety, meat science, and food preparation in a way to make your youth confident about practicing these skills.

Extension employees and volunteers will use hands-on activities and group facilitated learning to teach youth about the science behind meat preparation, in a fun and memorable way. Youth will learn about retail cuts of beef and how to prepare them, how to prevent food borne illness, grilling safety, proper cooking temperature and using a food thermometer, proper hand washing and so much more. **Limited to 8 youth**

Snack Attack: June 18th-20th

Time: 9am-12pm Ages: 5-8 years old Cost \$30

What better way to satisfy your young reader's curiosity than combining food and literature? Cooking can help our young cloverbuds learn about math, science, art, and so much more. Combining food snacks with one of their favorite books reinforce the importance of reading all the while developing lasting life skills. Our young participants will be able to enjoy several stories focusing on foods and will conclude each story by making their own snacks from the story. Join us as we navigate the literature world and bring these tasty snacks to life. New recipes are offered every year. **Limited to 10 youth**

Cloverbud Discovery: June 24th-26th

Time: 9am-4pm Ages: 5-8 years old Cost \$60.00

Travel with Alexander 4-H as we "discover" fun things in NC for our Cloverbuds. Each day will be a different educational recreational activity, transportation provided by NC Cooperative Extension. Must bring bagged lunch daily. Locations that will be visited are as follows:

- Tuesday- Catawba Science Center
- Wednesday- Zootastic
- Thursday- Rendezvous Mountain State Park & Alexander County Courthouse Park (splash pad and playground)

Limited to 10 youth

Mad Scientist: July 7th-8th

Time: 9am-2pm Ages: 5-8 years old Cost: \$30

Ever wonder why bread rises? Or how crystals are formed? Want to know why some things float and others sink? Using everyday materials that we can find around the house and in the kitchen, Mad Scientist Camp helps you explore some wild science experiments and understand why this happens. Learning through science experiments is a great way to help promote thinking and understanding rather than just memorization. Bring out your mad scientist side with this fun filled camp opportunity as we practice our aged old 4-H motto of "learn by doing" New activities will be conducted this year. **Limited to 10 youth.**

STEM Days: July 9th-10th

Time: 9am-2pm Ages: 9-12 years old Cost: \$40

Come participate in several STEM activities. STEM stands for science, technology, engineering, and mathematics. STEM activities provide hands-on and minds-on lessons for the student. Making math and science fun and interesting helps the student to do much more than just learn. Activities will include making rockets, slime, Battlebots, and more. Must bring a bag lunch each day.

Limited to 10 youth.

Farm to Fork: July 14th-11th

Time: 9am-3pm Ages: 9-14 years old Cost: \$75

Skills:

- Food Safety
- Knife Skills
- Measuring
- Meal planning

Objectives:

Learn how food goes from the farm to your table. Participants will visit local farms daily and bring back what they picked to learn how to prepare it. must bring bagged lunch daily

Limited to 10 youth.

JR. Master Gardener Camp: July 22nd-24th

Time: 9am-3pm Ages: 8-14 years old Cost: \$60

Enjoy a fun-filled week with enthusiastic Alexander County Master Gardener Volunteers and Horticulture agent Cari Rosenbalm. Come and learn about plants, fruits, veggies, soils, insects and ecology through games and hands-on activities. Think butterfly nets, compost, and scavenger hunts! Wear comfortable, weather-appropriate clothing and closed toe shoes to be prepared for an awesome week. Must bring a bagged lunch daily.

Limited 10 youth

Discovery Day 4-H Camp: July 28th-31st

Time: 8:30am-5pm Ages: 9-14 years old Cost: \$100

Come join in the fun of 4 days of discovery. Each day participants will enjoy an education and recreational activity, and transportation will be provided from the N.C. Cooperative Extension-Alexander County Center. Participants must bring bag lunch and drink.

- Monday- Linville Caverns
- Tuesday - Discovery Place
- Wednesday- Grandfather Mountain
- Thursday- Table Rock and Lake James

Limited to 10 youth

4-H20: August 4th-8th

(August 4-5, 9am-3pm)

(August 6-8 arrive at 9am on August 6 for two night overnight trip returning by 3 p.m. on August 8)

Ages: 10-14 years old Cost: \$125

Participants of this camp will learn about water and the animals that live inside of its ecosystem. You will get wet! We will work with a NCWRC Biologist to conduct surveys including electrofishing and macro invertebrate I.D. We will also enjoy a canoe trip down Johns River as well as a white-water rafting trip down the Tuckasegee river and a two night overnight camping trip. Transportation will be provided, and participants must bring a lunch Monday - Wednesday. Food for overnight portion will be covered. .

Limited to 10 participants

Are you looking for a weeklong overnight camp???

Eastern 4-H Center: June 15th-20th Eastern 4-H Center in Columbia, NC in is open to youth ages 8-14 and offers a variety of daily activities based upon age. If you would like more information, please contact the 4-H Center at 828-632-3125. Alexander County Staff will be with youth attending all week.

Each participant will have to enroll in 4-H Online to participate in the Summer Opportunities. This will not be optional.

If you have a disability or desire for any assistive devices, services, or other accommodations to participate in this activity, please contact Alexander County Cooperative Extension at 828-632-3125 during business hours of 8:00 a.m. to 5:00 p.m. at least two weeks before the 1st day of camp.

To register please fill out the registration form and mail to the Alexander 4-H Office at 151 West Main Avenue-Suite 2, Taylorsville, NC 28681.

A 50% deposit is required at registration to hold the space. If you must cancel a refund can, be given if the space is filled. Payment is accepted by cash or check (made payable to Alexander County).

For more information regarding the 2025 Alexander County 4-H Summer Opportunities please contact:

DJ Salyer

Extension Agent, 4-H Youth Development

828-632-3125

dj_salyer@ncsu.edu

Registration Information

Name: _____ Age: _____

Address: _____

Male/Female: _____ Phone: _____

Parent's Name(s): _____

Email: _____

**A 50% deposit will be REQUIRED at time of registration.
There will be no refund unless space is filled.**

Camp Session:	Fee:	Amt. Paid
Grilling 101: BBQ Boot Camp	\$60	_____
Snack Attack	\$30	_____
Cloverbud Discovery	\$60	_____
Mad Scientist	\$30	_____
STEM	\$40	_____
Farm 2 Fork	\$75	_____
JR Master Gardener	\$60	_____
Discovery Day Camp	\$100	_____
4-H20	\$125	_____

Eastern 4-H Overnight Camp - Please call the 4-H Center to register for this camp.

Total Amount Due _____